

Banana Butter Bomb

Serves 1 — Makes approx 9 oz

Recipes are for ages 1 and up

INGREDIENTS

- 4 unpacked scoops **EleCare® Jr Vanilla**
- 4 fl oz vanilla flax milk, divided
- 1 tablespoon sunflower butter
- 1/4 teaspoon imitation banana extract
- 4 ice cubes



DIRECTIONS

- Pour 2 fl oz flax milk into a bottle/cup with a fitted lid.
- Add EleCare Jr Vanilla; seal with lid and shake well.
- To the jar of a blender, add remaining 2 fl oz flax milk, sunflower butter, banana extract, and ice; blend on high until mixture is smooth.
- Add icy puree into the EleCare Jr Vanilla and shake well.
- Serve immediately.

Nutritional values are approximate and will vary based on brands, quantities, and substitutions.

Use under medical supervision. Please consult your physician or dietitian to determine if recipes and ingredients are appropriate for your child. These recipes are intended to provide possible alternatives for your child and should not be considered as medical advice. Make sure all utensils and appliances are cleaned to avoid cross-contact from other foods.



NUTRITION FACTS:

Calories.....	334
Carbohydrate, grams	28
Protein, grams	13
Fat, grams.....	19