

Chocolate Butter Cup

Serves 1 — Makes approx 9 oz

Recipes are for ages 1 and up



INGREDIENTS

- 4 unpacked scoops **EleCare® Jr Vanilla**
- 4 fl oz rice milk, divided
- 1 tablespoon dark chocolate syrup
- 1 tablespoon sunflower butter
- 4 ice cubes

DIRECTIONS

- Pour 2 fl oz rice milk into a bottle/cup with a fitted lid.
- Add EleCare Jr Vanilla; seal with lid and shake well.
- To the jar of a blender, add remaining 2 fl oz rice milk, chocolate syrup, sunflower butter, and ice; blend on high until mixture is smooth.
- Add icy puree into the EleCare Jr Vanilla and shake well.
- Serve immediately.

Nutritional values are approximate and will vary based on brands, quantities, and substitutions.

Use under medical supervision. Please consult your physician or dietitian to determine if recipes and ingredients are appropriate for your child. These recipes are intended to provide possible alternatives for your child and should not be considered as medical advice. Make sure all utensils and appliances are cleaned to avoid cross-contact from other foods.



NUTRITION FACTS:

Calories.....	384
Carbohydrate, grams	48
Protein, grams	9
Fat, grams.....	18